

A Beneficial Tradition: The Portland Megaband Track List

1. Taggart's Reel #3 / Da Kirk Stack © *Roddy Matthews* / Merryn's Reel © *Ronnie Cooper* (5:36)
2. Deer Walk / Kentucky One-Step / Lady of the Lake (5:14)
3. Le Reel des Menteries © *Normand Miron* / Marie Sauce ton Pain / The Telephone Tune (5:50)
4. The Joy of My Life / Geese in the Bog / Tar Road to Sligo (4:44)
5. Teetotaler's Reel / Starr Label Reel / The Pinch of Snuff (5:55)
6. Farewell to the Taliban © *Keith Murphy* / Randy Miller's Reel © *Bob McQuillen* / Erik's Reel © *Susan Songer* (6:01)
7. A Rose Still Blooms © *Todd Silverstein* (4:44)
8. Vårvindar Friska (1:50)
9. Da Shaalds / O'Keefe's Slide / Da Moorit Lamb © *Tom Anderson* (5:52)
10. Miss Monaghan's / My Marianne / The Star of Munster (6:11)
11. Wagon Wheel / Crook Brothers / Kitchen Girl (5:25)
12. Swords into Ploughshares © *David Donaldson* / The Green Apple Quickstep © *David A. Kaynor* / The Battle of Waterloo (5:52)
13. Hats Off to Summer © *Carl Thor* / December March © *Dave Goldman* / Almost Equinox © *Larry Unger* (6:38)
14. St. Barbara's Waltz © *Gordy Euler* (4:04)

Total Track time: 74:02